



Mount Brenton Golf Course

9

March 2011

Pro Shop - 250-246-9322

Club Office - 250-246-2588

www.mountbrentongolf.com

Divot/Ball Mark Repair

This article was in the July 2010 newsletter. It bears repeating in this issue.

Most of us who play this course on a regular basis, and even those who don't, have at one time or another had to play a fairway shot out of a deep divot, or had a putt go off line after the ball rolled over an unrepaired ball mark. There really is no reason for either to occur.

As far as fairway divots are concerned, it is up to each of us to replace the divot turf after our shot, or to fill the divot with sand. Sand bottles are available at the first tee box, and should be placed on each power cart. Bottles can be put on pull carts too.

Ball marks on the green is a matter that needs special attention. This time of year when green are wet, most shots to the green leave a mark. In the summer the greens are drier, but balls landing on the greens even during the hot months, also leave a mark. Long high shots generally leave the deepest mark, and they are easy to find, but short low shots also leave marks on the greens. These might be more difficult to find, but if you watch where your ball lands you should see the mark when you walk forward to your ball.

Take the time to find your ball mark, and repair it. If there are other marks nearby, repair them too. It takes very little time.

If everybody helps by filling divots and repairing ball marks we will all benefit. It will make play less frustrating, and as an added bonus may even shave one or two strokes off you score.

Club Captain

Our club is looking for a "club captain" to take the place of retiring captains. Anyone who is interested or wants more detail of what this role entails can talk to our President (Ken Norman).

Check In at the Pro Shop

When you arrive at the course to play a round, please take the time to visit the pro shop to check your party in and advise how many players are in your party before you tee off. This is necessary to avoid confusion during call to the tee. If you don't check in, the pro shop has no idea you are there, and may send the next group to the tee box. This is also necessary to ensure accurate stats are kept of the number of players per day, month, year, etc.

How to Properly Fix a Ball Mark

Use a divot repair tool, golf tees are not as easy to use and do not do a proper job. Fix every mark with the goal of elevating any depression, covering dirt with grass.

To elevate the slight depression of a mark that is no more than a dimple, insert the prongs of the divot repair tool outside the perimeter of the crater to a depth just below the depth of the dimple. Use the tool to gently lever up the depression. Flatten the area with the bottom of your putter or by gently stepping on it.

Deficits are made when a piece of green is literally "blown out" of the ball mark. In this case, insert the divot tool as you would normally (beside the ball mark), but do not lift up, it will cause root damage and damage the green. Instead use the prongs as a base and push the top end of the tool in towards the center, gently stretching and raising adjacent turf into the deficit. Do this around the entire ball mark.

Once the grass is raised, gently tap it down with your foot or putter. This will leave a smooth putting surface for you as well as for people in following groups.

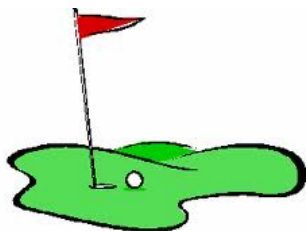
New Locks

Don't forget that the code this year for the door locks on the washrooms is **2011**.

Thursday Ladies 18 League

Opening Luncheon is on Tues. April 12th with registration at 10:30. The cost for the season is \$35 and the meeting will start at 11:am with a lunch to follow. Any lady golfer is welcome to join us for the season or just for a few drop in games. Our first league game in on Thursday the 14th and it will be a "Secret Partner" game.

There is a sign up sheet in our ladies locker room. See you on the 12th.



Thursday Ladies 18 League Schedule - 2011

April	14	Thurs	9:00 am	Secret Partners
	15	Friday	9:00 am	9/18 2 Ball
	21	Thurs	9:00 am	RCGA
	25	Mon	11:30 am	B Team – Pheasant Glen @ MB
May	28	Thurs	9:00 am	T's & F's
	2	Mon	11:00 am	C Team – Gabriola @ MB
	5	Thurs	8:30 am	RCGA
	12	Thurs	8:30 am	Eenie-Meenie / Interclub – Cowichan @ MB
	19	Thurs	8:30 am	Best 9
	26	Thurs	8:30 am	Zone CTC Qualifier / RCGA / Dorothy O. Franklin
June	30	Mon	8:30 am	C Team – Pheasant Glen @ MB
	2	Thurs	8:30 am	RCGA / Interclub – Saltspring @ MB
	9	Thurs	8:30 am	Rosebowl Day 1
	16	Thurs	8:30 am	Rosebowl Day 2
	23	Thurs	8:30 am	RCGA / Interclub – Cottonwood @ MB
	28	Tues	11:30 am	Interclub – March Meadows @ MB
	30	Thurs	8:30 am	ONES
July	7	Thurs	8:30 am	Hidden Holes / Nanaimo @ MB (11 am)
	14	Thurs	8:30 am	4-Ball Qualifier
	21	Thurs	8:30 am	Crier's / Interclub _ MB @ Nanaimo (11 am)
	28	Thurs	8:30 am	Match Play
Aug	2	Tues	11:30 am	Interclub – Olympic View @ MB
	4	Thurs	8:30 am	RCGA Day
	5	Fri	12:30 am	B Team – Eaglecrest @ MB
	11	Thurs	8:30 am	Throw Out Tourney / Interclub Gabriola @ MB
	18	Thurs	8:30 am	18 Hole Championship Day 1
Sept	25	Thurs	8:30 am	18 Hole Championship Day 2
	1	Thurs	8:30 am	Team Trophy Day Day 1
	8	Thurs	8:30 am	Team Trophy Day Day 2
	15	Thurs	8:30 am	Cancer Awareness Tournament
	22	Thurs	8:30 am	Captain vs. Captain
	29	Thurs	8:30 am	Surprise
	30	Fri	9:00 am	9/18 2-Ball
Oct	6	Thurs	9:00 am	Mutt & Jeff
	13	Thurs	9:00 am	Par Points
	20	Thurs	9:00 am	Blind Nine
	27	Thurs	9:00 am	Team Scramble

Bronze Division

We are warming up for spring! Our first 'official' day is March 25 and our Spring Annual Meeting is April 1; registration followed by luncheon will begin by 11:30 a.m.

Beginning April 8th, we'll be meeting every Friday morning and hope to welcome many new members this year. As in prior years, our interclub schedule is full (March Meadows, Cowichan, Nanaimo, Arbutus, and Saltspring). Of special note in our 2011 schedule: our Olive Robson/Kenzie Jansen Scotch 2-Ball event with the Junior Girls has been moved from the end of August to **MAY 6**.

To catch up, our AGM was last October and, in addition to a beautiful lunch and confirmation of our executive, we awarded many of our members: Match Play winner & runner up: Janice Lowe & Linda Williams; Low Net winner & runner up: Janice Lowe & Marie Wilson; Low Gross Average winner & runner up: Janice Lowe & Gerry Timlick; Most Improved: Marie Wilson; PIN Club Competition: Dot Sedola; RCGA Pin Competition: June Noble.

We are actively looking for new members to join our 9-hole group. If you would like to join us for a great season of sun, golf and friendship please do contact any one of our executive or visit us on a Friday morning for 9 holes of fun!

Bronze Division Schedule - 2011

March	25	9:00 am	Bring a Friend – One Ball Twosome
April	1	11:30am	Luncheon / Registration
	8	8:30 am	3 Best holes
	15	8:30 am	2 Ball 9/18 (18 holers host)
	22	8:30 am	* Gross Less Putts
	29	8:30 am	3 Best Holes Plus Putts / Interclub – Cowichan at MB - Match Play
May	6	8:00 am	Interclub – MB at Cowichan - Match Play / Hidden Partners low
	13	8:00 am	Low Net According to Handicap (PIN)
	20	8:00 am	* Match Play Even Holes
	25	9:00 am	Int’c MB @ March Meadows (putting contest)
	27	8:00 am	Match Play – Putts Plus * Odd Holes
June	3	8:00 am	Low Net According to Handicap (PIN)
	7	12:00 noon	Field Day at MB : Nanaimo, Saltspring, Arbutus Ridge, March Meadows
	10	8:00 am	* Five Best Holes
	17	8:00 am	* Low Putts
	24	8:00 am	Low Net According to Handicap (PIN)
July	1	8:00 am	Low Net According to Handicap (PIN)
	7		Int’c MB @ Nanaimo
	8	8:00 am	Bronze/Junior Scotch 2 Ball
	15	8:00 am	Low Net According to Handicap (PIN)
	20		Int’c MB @ Arbutus
	22	8:00 am	* Odd Holes - High
	29	8:00 am	* Hidden Holes Low (PIN)
August	5	8:00 am	Low Net According to Handicap (PIN)
	11		Int’c Fun Day at Saltspring
	12	8:00 am	T & F's Low (PIN)
	19	8:00 am	* Drives and Fairway Shots – Low (PIN)
	26	8:00 am	* Five Best Holes
September	2	8:30 am	Low Net Tournament
	9	8:30 am	Low Net Tournament
	16	8:30 am	Low Net Tournament
	23	8:30 am	Low Putts
	30	8:30 am	2 Ball 9/18 (bronze league hosts)
October	7	9:00 am	* 3 Clubs and a putter
	14	9:00 am	* Irons or Hybrids only
	18	11:00am	AGM & Luncheon
	21	10:00am	Open Tees
	28	10:00am	Open Tees
December	2	12:00	Christmas Luncheon

* Extra prizes given this week, based on handicap divisions.

Senior Men's League

As of March 23rd the Senior Men's league has started for the 2011 season. For the Wednesday's in March, play begins at 8:30 and once we move into April play will commence at 8:00 a.m. Please arrive ½ hour before the tee time so you can be assigned to your starting hole and to allow the organizers time to make any adjustments necessary. Cost this year remains \$2.

The sign-up sheets for the next three months are located on the senior's board in the clubhouse lobby. Anyone wishing to participate should sign up indicating which Wednesday's they wish to play. If your name is not on the list just add it at the bottom. The organizers must inform the proshop by noon the previous Saturday the number of participants playing on the following Wednesday. To meet this requirement, **please make sure you've signed up by noon Saturdays.** If you cannot play or have inadvertently forgotten to sign up, please phone the proshop to have them remove or add your name to the draw. I hope to see lots of Seniors out this year and look forward to another fun season.



For all those who took part in last years golf trip to Washington State.

Senior Men's Schedule - 2011

Mar 23	8:30	Opening date	
30	8:30 am	Start	
Apr 6	8:00	am Start	Team Scramble
13	8:00	am Start	
20	8:00	am Start	4 Clubs Only Day
27	8:00	am Start	
May 4	8:00	am Start	Mid Island Senior's at M.B.
11	8:00	am Start	
18	8:00	am Start	
25	8:00	am Start	Interclub with Saltspring @ M.B.
June 1	8:00	am Start	Team Best Ball
8	8:00	am Start	Interclub with Cowichan @M.B.
15	8:00	am Start	
22	8:00	am Start	
29	8:00	am Start	
July 5	8:00	am Start	
13	8:00	am Start	
22	8:00	am Start	
27	8:00	am Start	
Aug 3	8:00	am Start	Team Best Ball
10	8:00	am Start	
17	8:00	am Start	
24	8:00	am Start	
31	8:00	am Start	Senior Men's Championship Two Weeks
Sept 7	8:00	am Start	
14	8:00	am Start	4 Clubs Only Day
21	8:00	am Start	
28	8:00	am Start	
Oct 5	8:30	am Start	Team Scramble
12	8:30	am Start	
19	8:30	am Start	Windup Lunch and Presentations

More interclub dates will be added as arrangements are completed with the visiting clubs.

Men's Sunday Morning Golf Schedule - 2011

March	20	8:00 am	3 Clubs Only – Low Net
	27	8:00 am	Two Man Best Ball - Low Net
April	3	8:00 am	Low Net
	10	8:00 am	4 Man Best Ball Low Net
	17	8:00 am	Triangle at Mount Brenton
	24	8:00 am	Triangle at Cowichan
May	1	8:00 am	Triangle at March Meadows Non Triangle – T.B.A
	8	8:00 am	Mother's Day Hal Cook – 3 Best 9's First Week
	15	8:00 am	Hal Cook – 3 Best 9's Second Week
	22	8:00 am	Pick Your Partner – Low Net
	29	8:00 am	4 Man Best Ball – Low Net
June	5	8:00 am	Cunningham Shield
	12	8:00 am	Captain's Challenge
	19	8:00 am	The Sammy – Week One – low Net
	26	8:00 am	The Sammy – Week Two – low Net
July	3	8:00 am	4 Man Best Ball – Low Net
	10	8:00 am	The Mac. And Blo – Low Gross/Low Net
	17	8:00 am	Gerry Smith – Hidden Partners
	24	8:00 am	The Harold Hagg – Low Gross/Low Net
	31	8:00 am	Ken Chang – Hidden Partners
August	6		Club Championship – No Men's
	7		Club Championship – No Men's
	13		Mount Brenton Ladies Amateur – No Men's
	14		Mount Brenton Ladies Amateur – No Men's
	21		Hemmingson Log Sort – Low Net
	28	8:00 am	Playing Partners
September	4	8:00am	Low Net
	10		Mount Brenton Men's Amateur
	11		Mount Brenton Men's Amateur
	19	8:00 am	Hidden Partner
	25	8:00 am	Beat the Captains – Low Net
October	2	7:30	Horse Race Starting on #10
	9	8:30	Thanksgiving Weekend – Pick Your Partner – Low Net
	15	8:30	Ryder Cup at Saltspring NON RYDER CUP PLAYERS PICK
	16	8:30	Ryder Cup at Saltspring YOUR OWN TEE TIMES
	23	8:30	Wind Up Lunch
	30	8:30	Cross Country Men's and Ladies

WINTER GOLF DROP IN MUST BE AT THE CLUB BY 8:15 TO PLAY

Men's Captains: Jody Griffiths and Ken Norman

Tuesday Night Mixed 2 Ball

Tuesday Night Mixed 2 Ball will continue again in 2011. The intent of this league is to socialize, have fun, and meet other members while enjoying a round of golf. This league begins on April 26th and continues through until August 9th. We tee off on a shotgun start at 6:00 pm. Please arrive ½ hour before the tee time so you can be assigned to your starting hole and to allow the organizers time to make any adjustments necessary. We are always looking for new participants, so come out and enjoy the company.

Lesson Tip – Jan Best CPGA

This lesson tip deals with perhaps the most important fundamental when it comes to ball striking, putting, and chipping: in other words, every shot in golf. There are several factors differentiating high handicap players from low handicappers. Perhaps the most important, has to do with where your hands are in relation to the club during impact. For example, when we hit a chip shot correctly, the hands always have to lead the club head on the down swing. Consequently, at impact, your hands are slightly ahead of the club head. For right handed golfers, this means that the club handle is slightly to the left of the club head, when striking the ball. Higher handicappers do the exact opposite: they allow the club head to pass the hands during impact. This action is sometimes referred to as “scooping” or being too “wristy.” If you are someone who hits a lot a “thin,” or “fat shots,” you are very likely not leading with your hands. As mentioned previously, this skill pertains to every time we hit the golf ball.

Here’s a drill that will help you create that critical delay: throw a ball down and take your normal stance. During your down swing, stop half way down when the club is about waist high. At this point, your right forearm arm and the club shaft should form an L shape. If the angle between your arm and club is more than 90 degrees, you are casting the club. Allow that angle to be 90 degrees or less. This should help you get into the correct position through impact. This is a primary example of why you do not necessarily have to be overly strong to hit the ball solidly and far. This skill is critical for good ball striking. When striking the ball correctly, we create what’s called “lag pressure.” This creates an incredible amount of force by allowing the club head to lag behind our hands through impact.

Lesson Tip – Cash Reumkens CPGA

This golf tip applies to everyone, whether you are a zero handicap or just a beginner to the game, this aspect of the game is something that affects every shot, and that is one's pre-shot routine. The pre-shot routine is done before every golf shot regardless of whether it is a putt, a chip, or a tee shot. An individual's pre-shot routine is a constant that they are able to build each unique shot around and provides a bit of familiarity to fall back on when playing bad or under pressure. A routine should not change between golf shots, such as a fade or a draw, nor should it change as club selection varies for example a 3 wood and 9 iron should follow the same routine. However, there is an exception to this, and it is putting as it is a different type of motion and shot. A proper pre-shot routine should cover the following aspects:

- (1) A practice swing which resembles the swing that will be made when playing the ball, meaning swing speed, length, and plane should all be taken into account as this is the swing you want to replicate. It is CRUCIAL that the practice swing taken is thought out and focused on as errors which are made during this swing will build up over time creating long last swing flaws.
 - (2) Picking a target 6 to 18 inches in front the ball from which the set up will be made. It is best to pick this target (a blade of grass or divot work) from standing directly behind the ball as this allows for better perspective when looking for a marker in front of the ball which also aligns with your target down the fairway or green. ** It does not hurt to visualize the shot you are going to hit while standing behind the ball.
 - (3) Once a marker is picked then one should set up to the ball CLUB HEAD FIRST then moving their body into position once the club head is set on target, this prevents "crowding" of the ball or standing too far away resulting from setting the body first.
 - (4) After the club is set and one's feet are placed parallel to the club-head, the rest of the body is set into position with the knees, hips, and shoulders all square to the target line.
 - (5) Lastly, a QUICK check of **GSP (Grip, Stance, Posture)** should be conducted by such things as "waggling" the club or moving weight from foot to foot as you see most PGA tour players do once set up to the ball
- ***DO NOT FORGET TO LOOK UP AT THE TARGET DURING THIS PROCESS*******

It is called a pre-shot routine for a reason, because this should be a habit done before each swing, although you may have to remind yourself to do this before shots, overtime it becomes ingrained in your mind and you will begin to automatically do your pre-shot routine each time without even noticing yourself doing it. THIS SHOULD NOT be a slow, drawn out practice on the golf course so get in the habit of doing it while practicing or at the driving range.

Upcoming Dates of Interest (Dates to be Confirmed)

May	8	Clarke & Son
July	10	Thetis Island Open
	17	Dobbs 2-Ball
August	6	Club Championship
	7	Club Championship
	13	Mt. Brenton Ladies Amateur
	14	Mt. Brenton Ladies Amateur
September	10	Mt. Brenton Men's Amateur
	11	Mt. Brenton Men's Amateur
	17	McDonalds 2-Ball
	24	McDonalds 2-Ball

Pro Shop News

Mt. Brenton Junior Pro Am

Mt. Brenton's Inaugural Junior Pro Am is taking place Saturday April 9th, 2011. We will be hosting a field of Professionals and their juniors from all over Vancouver Island. We are excited about the enthusiasm we have received from our surrounding golf clubs, in the introductory year of the event. Teams of one pro and three juniors will compete, scoring the best 2 net balls. Mt. Brenton has never hosted an event of this nature, and we hope it will continue to grow in the coming years. Come out and cheer on our junior teams!

SNAG Golf Junior Event

Mt. Brenton and Cowichan Golf Clubs, in conjunction with 89.7 SUN FM, organized a Junior SNAG Golf session at the Cowichan SportsPlex, Wednesday, March, 23. "SNAG" is short for Starting New at Golf, a simplified golf training system designed primarily for kids. With qualified instruction, the system provides a very clear understanding of the most important fundamentals of the game. Over thirty kids participated ranging in age from 6 to 14. The session consisted of a half-hour introductory lesson, with emphasis on correct grip, stance and posture followed by play on a four hole short course. Events like this create awareness of golf opportunities for juniors in the Cowichan Valley; many parents enquired about jr. golf membership. Mt. Brenton and Cowichan Golf Club would like to thank 89.7 Sun FM and Cowichan Sports Plex in helping to facilitate this successful event.

Private Lessons/ Group Lessons

Book a lesson package today in order to sharpen your game for the upcoming season. Our qualified CPGA instructors, Marc McAndrews, Jan Best, and Cash Reumkens are available to help you play better golf. See the Pro-Shop to book your private lesson or call us at 250-246-9322. Group lessons are an excellent way to improve your overall game and to have fun, in a relaxed environment.

Ladies and Junior Golf Clinics

CPGA Pros Jan Best and Cash Reumkens will soon be hosting several golf clinics. After very positive feedback from last year, we are excited to take our ladies to the next level, focusing on "lady specific" swing errors. Sign up sheets in the Pro Shop in early April.

Marc's Bronze Divison Clinics

Marc's Annual Bronze Division Ladies Clinics will once again be offered this spring. See Marc in the Pro Shop for more details, dates and registration. More information will be provided at the Bronze Spring Luncheon.

Mt. Brenton Junior Golf Program

Our Junior Golf Program will begin Monday, March 28th. We are once again awaiting an impressive number of kids for this year's program. Many of our experienced juniors have turned into very skilled players, and are finding success in tournaments throughout BC. Our weekly lessons will begin in early April, Monday afternoons at 4pm, with boys and girls of varying skill levels. The kids are introduced to the basics of golf and progress through to the more technical aspects of the game. Course management, etiquette, golf history, respect and sportsmanship are the focus. Marc McAndrews, Jan Best, Cash Reumkens, Pat Irwin and Jack Adams are looking forward to a fun and productive 2011 season with our kids.

For juniors whose goal it is to play their best, clinics beyond our regular Jr. Program will commence early this season. Watch for details.

Pro Shop News (Con't)

2011 VIP CARDS (2 for 1 Golf)

This year's 2 for 1 VIP cards are here and selling fast! The \$50 card gives you 20 free rounds of golf at four different courses in the Cowichan Valley including, Mt. Brenton, Cowichan, Cottonwood and Saltspring Island Golf Clubs. Two players play for \$55.00 dollars after 11:30 am during the week, and after 12:00pm weekends (except holidays).

New Golf Equipment Arrivals for 2011 : WE MATCH ANYONE'S PRICES !!!

New equipment for 2011 has arrived. Demos available -- see what the latest technology can do for your game.

- PING: featuring new K15 series drivers and fairway woods, the most forgiving PING clubs ever produced. Ping has also introduced the new ladies Faith series, irons, woods, and hybrids to help you "PLAY YOUR BEST".
- Callaway: Octane and Razor Hawk Woods have arrived. Callaway in conjunction with Lamborghini have designed the new Octane driver featuring a new forged composite head. Callaway Vector Bag \$109.99.
- Cleveland: Putters \$99.99 and Cleveland CG-16 wedges with laser cut zip-grooves available in 52, 56, and 60 degree lofts.
- Adams: Idea A7OS complete sets are available for men's and ladies. These 13 piece sets feature Driver, fairway woods, putter, irons, lightweight bag and hybrids eliminating hard to hit long irons.
- Cobra: Baffler hybrids in a variety of lofts. The easiest hybrid to hit! The lower profile and H-Rail sole system, help you hit shots with more ease out of the rough and off the fairway.
- Odyssey: More putter styles than ever, starting at \$99.99. The new Odyssey putters offer several different styles, including options of interchangeable weights, modified 2-Ball and Backstrike.
- Sun-Mountain: V1 Speed Carts in a variety of colors, matching Sun Mt umbrellas with UV protection and Sun Mountain golf bags - new styles and colors.
- Golf Trends: our trusted cart bag - \$99.99.

Men's and Ladies Sportswear: Stylish Equipment You Wear

- Nike: Men's Wear collection has arrived. (the nicest collection ever!) Polos, long-sleeve zip up tops, and golf slacks and shorts available in sizes Small to XXL. Great for on and off the golf course.
- Sun Ice: Mt.Brenton logo'd waterproof jackets and weather wear in stock now.
- Coming Soon : Jamie Sadock 2011 collection for women. Shop early for best selection.